

CAN PEPPA PIG BE A BABY SITTER?

Parenting is hard.
Parenting with cancer
feels virtually impossible.

We are here for you.

It doesn't matter what your family looks like, or if you're just diagnosed, in treatment, living with, or now cancer free, we will help you navigate family life and the challenges parenting throws at you.

You'll find tips and advice, practical skills, parenting tools, activities, resources, workshops and coaching programmes.

www.parentingwithcancer.org

TREATMENT SUCKS... YOU DON'T

Do you feel like the worst parent in the world? Parenting is hard. Parenting with cancer feels virtually impossible.

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TALKING TO KIDS ABOUT CANCER

MANAGING BEHAVIOURS

HOW TO INCLUDE SCHOOLS

VALIDATING KID'S EMOTIONS

SUPPORT FOR NEURODIVERGENT KIDS

HOW TO PARENT FROM A SOFA

BEING A GOOD ENOUGH PARENT

SETTING BOUNDARIES

EXPLAINING INHERITED CANCERS

LOADS MORE...

www.parentingwithcancer.org



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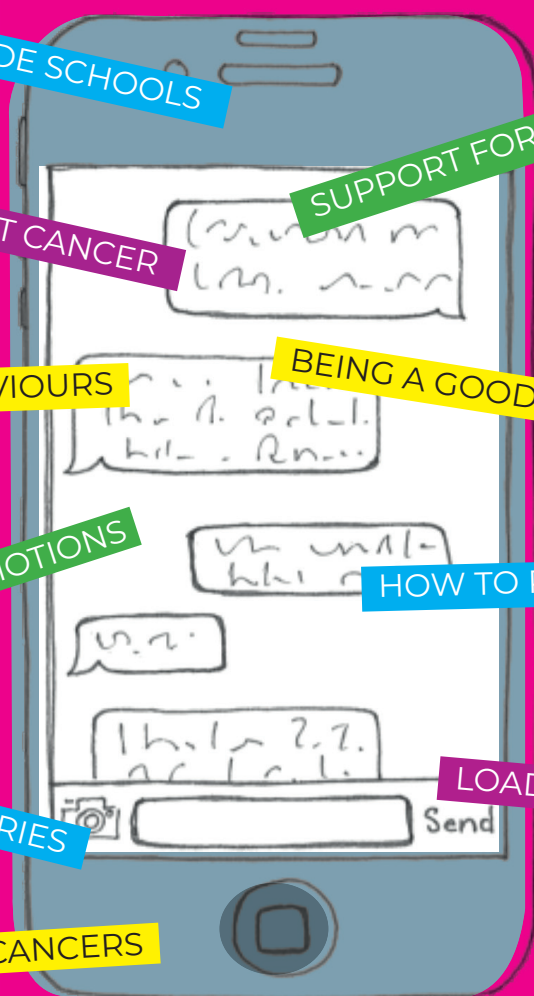
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CHICKEN NUGGETS & UNLIMITED SCREENTIME

Find people who can relate to this—
join the parenting with cancer community.

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IT IS OK IF...

YOUR KIDS STARE AT SCREENS MORE

YES!

YOUR KIDS EAT RUBBISH FOOD MORE THAN USUAL

YES!

YOUR BABY NEEDS TO CHANGE FROM BREAST TO FORMULA

YES!

YOUR HOUSE IS A MESS

YES!

YOU SPEND TIME TAKING CARE OF YOURSELF

YES!

**When life changes,
find new rules to make life easier.
Your kids will be OK.**

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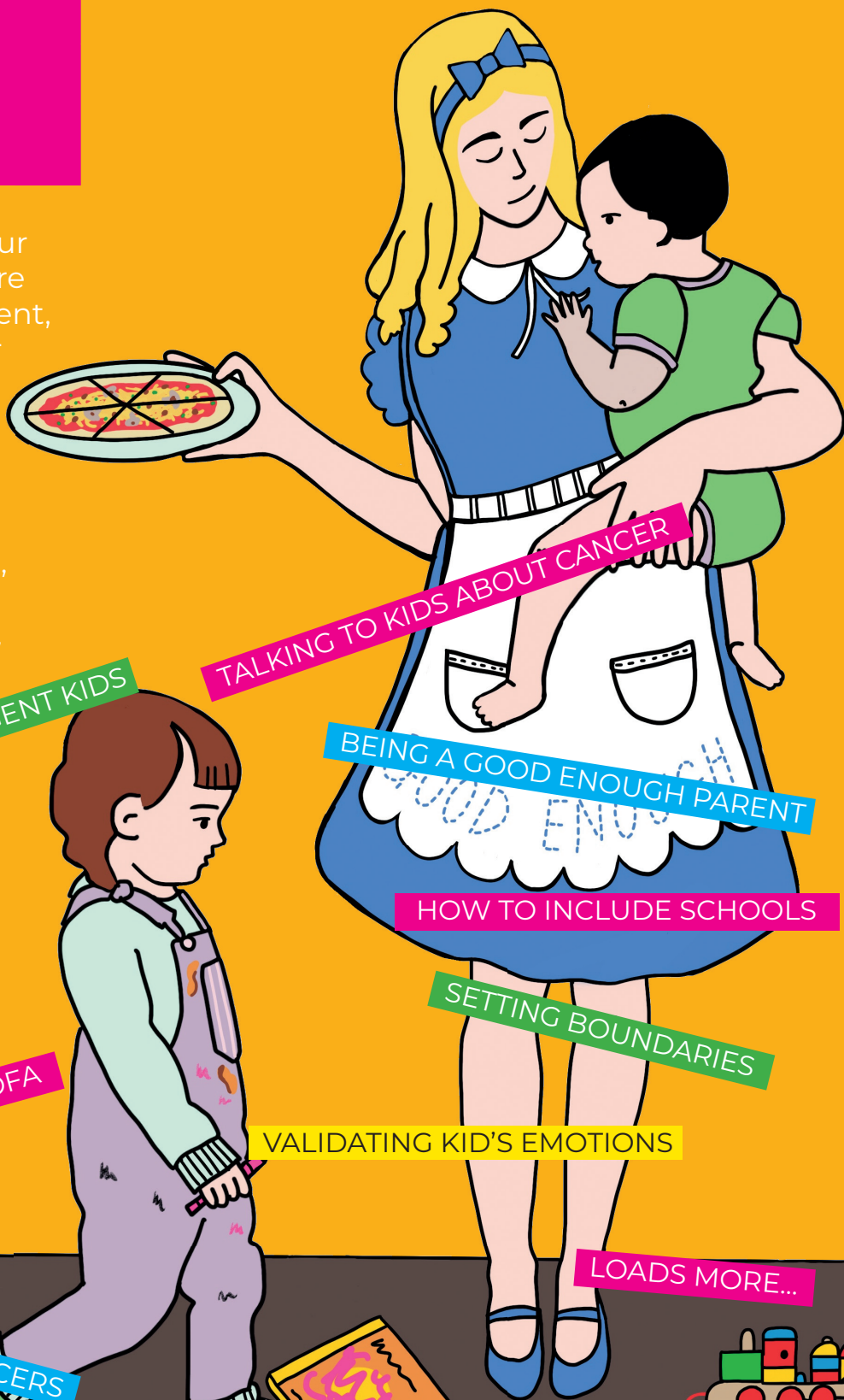
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BE A GOLDBLOCKS PARENT

Not too good,
not too bad,
just enough

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