

BUYING CRAP ON CHEMO?

COME JOIN US iNSTEAD

It doesn't matter what your family looks like, or if you're just diagnosed, in treatment, living with, or now cancer free, we will help you navigate family life and the challenges parenting throws at you.

You'll find tips and advice, practical skills, parenting tools, activities, resources, workshops and coaching programmes.

- Talking to kids about cancer
- Managing behaviours
- Validating kid's emotions
- How to include schools
- Support for neurodivergent kids
- Being a good enough parent
- How to parent from a sofa
- Setting boundaries
- Explaining inherited cancers
- Loads more...

www.parentingwithcancer.org



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**STOP SCROLLING
STOP SHOPPING
ON CHEMO**

VISIT US INSTEAD

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“HELLO TO
ALL THE 3AM
WORRIES”

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YOU ARE NOT A **BAD** PARENT

Parenting is hard. Having cancer is really hard. Parenting with cancer feels virtually impossible. It doesn't matter what your family looks like, or if you're just diagnosed, in treatment, living with, or now cancer free, we will help you navigate family life and the challenges parenting throws at you.

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SORRY,
WHAT...
ANOTHER BANK
HOLIDAY?

You can't take a day off from parenting when you have cancer. However, you can use all our support, planners, coping strategies and tools to help with each day. It doesn't matter what your family looks like, or if you're just diagnosed, in treatment, living with, or now cancer free, we will help you navigate family life and the challenges parenting throws at you.

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THE DOCTOR
SAID 'REST'...

ERM, I HAVE KIDS...

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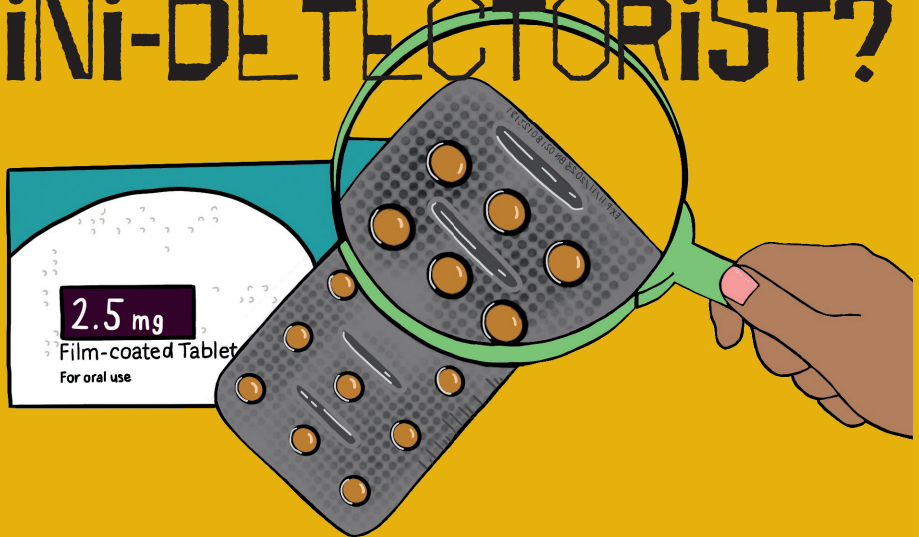
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DO YOU HAVE A MINI-DETECTORIST?



IF YOU HAVE KIDS, THEN THE ANSWER IS PROBABLY 'YES'

We can help you talk to your kids about your cancer, in age-appropriate ways. Use our activities to make it less scary for you. It doesn't matter what your family looks like, or if you're just diagnosed, in treatment, living with, or now cancer free, we will help you navigate family life and the challenges parenting throws at you.

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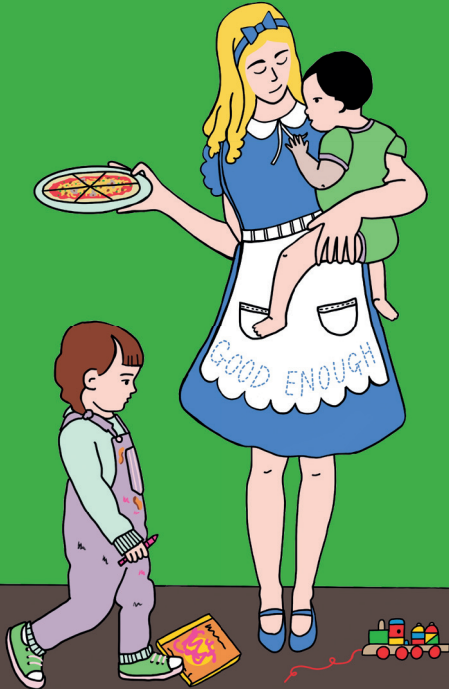
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BE A GOLDBLOCKS PARENT



NOT TOO GOOD,
NOT TOO BAD,
JUST ENOUGH

Being a good enough parent can help your kids grow. Plus, it means you can take your foot off the parenting pedal for a bit.

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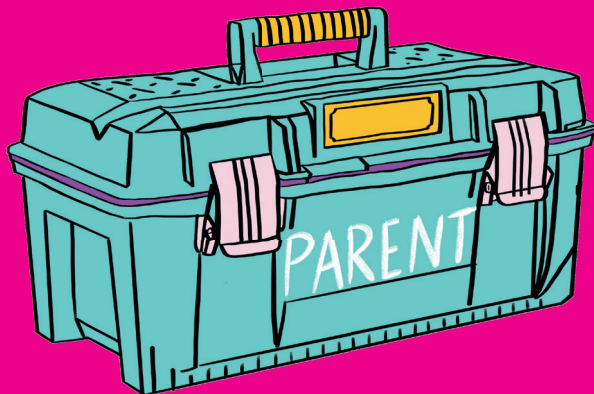
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FILL
UP
YOUR



PARENT TOOLBOX

PARENTING IS HARD, HAVING CANCER IS REALLY HARD,
PARENTING WITH CANCER FEELS VIRTUALLY IMPOSSIBLE.

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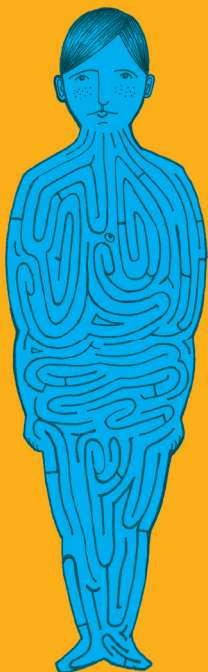


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PARENTING WITH CANCER IS A MAZE

WE CAN HELP YOU FIND YOUR WAY

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"I AM FINE..."

THEN TRASHES THEIR BEDROOM

Engaging with teens can be hard. Engaging with teens about your cancer can feel virtually impossible. It doesn't matter what your family looks like, or if you're just diagnosed, in treatment, living with, or now cancer free, we will help you navigate family life and the challenges parenting throws at you.

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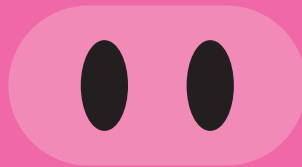
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CAN PEPPA PIG
BE CLASSSED AS A
BABY SiTTER?



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NEED
HELP WITH THE
BALANCING ACT
REMIINDING THE KIDS THAT
YOU HAVE STAGE 4 CANCER
NOT RAMMING CANCER DOWN
THEIR THROATS

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SIX YEARS
CANCER FREE

STILL NOT THE PARENT I THOUGHT I'D BE

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