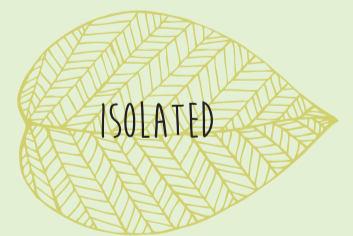
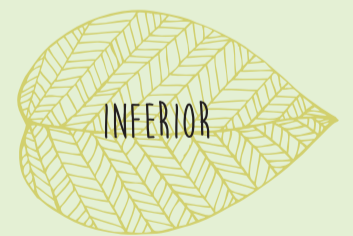
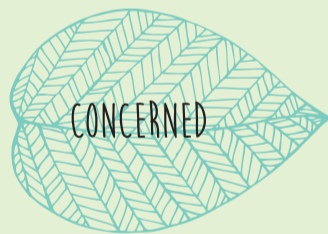
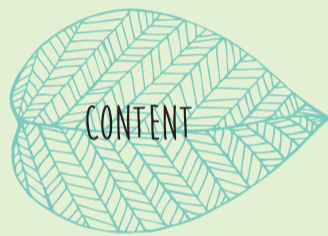
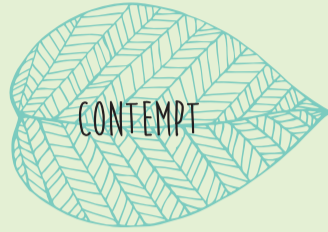
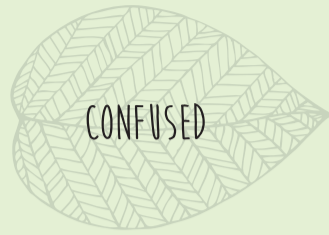


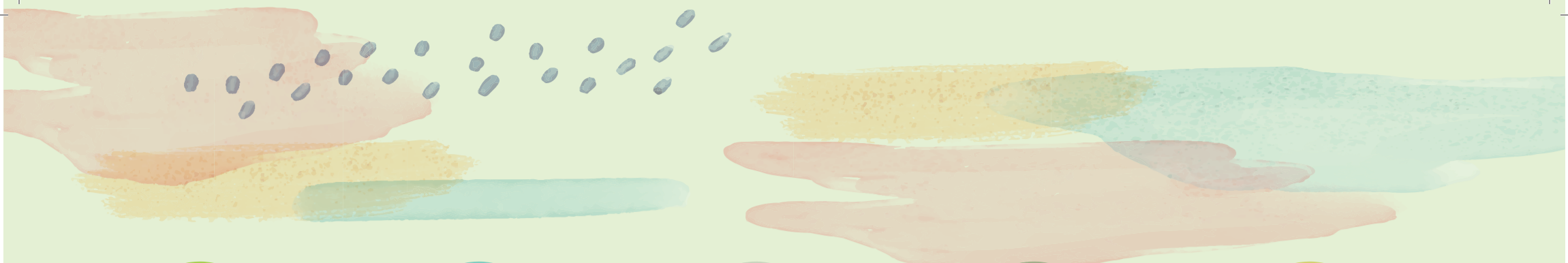
SHARE A FEELING

Talking about your feelings can be difficult sometimes. Everyone in the family might have different ones and that is O.K. Look at all the leaves and find the ones you are currently feeling. Are they the same as other people in your family, or different?



QUESTIONS YOU MIGHT LIKE TO ASK EACH OTHER:

Why are you feeling....? What can you do when you feel like that? Do you need help with any feelings?



INSULTED

NUMB

POSITIVE

RESENTFUL

SECURE

INSECURE

NERVOUS

POWERLESS

REGRETFUL

SHAMED

JEALOUS

OVERWHELMED

PANICKED

SCARED

SHOCKED

JOYFUL

OUTRAGED

PLEASED

SAD

SAFE

KIND

OPTIMISTIC

RELIEVED

SYMPATHETIC

TRUSTING

LONELY

PITY

RELAXED

STUNNED

TOLERANT

LOVED

PRIVATE

REJECTED

SELF-CONSCIOUS

UPSET

NEGLECTED

PROUD

RAGING

SUSPICIOUS

UNCOMFORTABLE

NEGATIVE

PATIENT

REVULSION

STRESSED

WORRIED